

**ICISF Individual Crisis Intervention / Group Crisis Intervention
Combined Training Schedule
February 5-7, 2014
Roanoke Police Academy
Roanoke, VA**

Training Staff:

SA Andy Gruler, LISW – US Secret Service (Ret.) / NCLEAP Clinical Director

Day 1

8:00 am	Coffee/Registration/Gathering
8:30 am	Introduction: Stress, Crisis & Crisis Intervention
10:00 am	Break
10:15 am	Overview of Critical Incident Stress Management Introduction to Basic Crisis Communication Skills
11:00am	Are you Listening? Exercise
12:00 -1pm	Lunch
1pm	Use of Questions / Question Exercise
1:45pm	Active Listening Role Play
3:30pm	Break
3:45pm	Psychological Reactions to Crisis
5 pm	Formulating an Approach to the Person in Crisis: The SAFER-R Model Lecture
6pm	End

Day 2

8:30am	SAFER-R Role Play
9:00am	Introduction to Group Crisis Intervention
9:30am	Break
9:45am	Group Crisis Intervention Research Issues
10:15am	Demobilization Lecture Demobilization Demonstration Demobilization Exercise
11:30am	Crisis Management Briefing Lecture
12-1pm	Lunch
1pm	Crisis Management Briefing Role Play
2:30pm	Break
2:45pm	Defusing Lecture
3:30pm	Introductory Remarks Exercise
4pm	Defusing Demo
6pm	End

Day 3

8:30am	Defusing Role Play
9:30am	Critical Incident Stress Debriefing Lecture
10 am	Break
10:15 am	CISD Demonstration or Video
11:30 am	Lunch
12:30pm	CISD Role Play
2pm	Break
2:15pm	Discussion of Role Play
2:45pm	CISM Assessment and Strategic Planning Introduction
3:30pm	“Do No Harm” Lecture
4:00pm	Questions and Wrap Up
4:30pm	Discussion of ICISF Services Course Evaluation
6:00pm	Course Ends